Χ	Sabrina Torneden	Х	Wendy Goodrum
	Adam Hatfield	Х	Brandi Peterson
	Jamie Ybarra	Х	Ann Shinliver
Χ	Erin Sweetwood	Х	Kelly Adams
	Stephanie Smith		Kim Hefley
Χ	Holly Parkey	Х	Cindy Daniels
	Carmen Hatfield		Mark Whitener
			Melissa Meeker
		Х	Amanda Schuester (Gallagher Rep)

Date: 8/28/17 @ 3:30 PM

- 1. Adult Health Initiative: This year we will include adult health initiatives within our wellness committee. We have a new supplemental health plans company, Gallagher, that will help administer some of these programs. Amanda Schuester presented the 2017 well being tool kit and we discussed the process of implementing adult wellness plans. The wellness committee reviewed the sample survey. We discussed these initiatives including the survey being titled "Wellbeing" instead of "Wellness" because of the negative connotation involved with "Wellness Programs". We will begin with the survey we will ask that wellness champions make contact with their buildings as well as supervisors during staff meetings to encourage those to take the well being survey. We are going to shoot for a survey date of 10/13-10/26.
- 2. Follow up on policy meeting action items:

Action items follow up:

- 1. Kim Hefley: update on wellness information being sent. Kim was not in attendance but she sent out the latest "health hot topic" and will do so again in September.
- 2. New look to the website: The committee discussed the new website and the new slider menu. We also talked about the carb counts and the update to calorie content with the new menus from nutrislice.
- 3. Summer Meals: We reviewed the Summer meal program and audit. We will plan on a Summer Meal Program in 2018.
- 4. Unpaid Meal Policy: The committee reviewed the unpaid meal policy and discussed concerns with this. The policy has been in effect since last year but not since the committee last met. So far the policy has helped shape the conversations with parents on those charges.

- 5. Administrative Review: We did a quick overview of the audit findings. The most input was on findings related to bottled water.
- 6. Body Venture: Body venture is scheduled for Nov. 2nd and 3rd. Planning will begin soon on transportation and set up/volunteer/tear down.

4. Action Items:

- 1. Assign "wellbeing" champions at each site to facilitate health related information.
- 2. Wellbeing survey to take place 10/13- 10/26 Amanda will finalize the survey electronically. Sabrina will touch base with the wellness champions, Principals, and Michelle Polvodore to ask for assistance in encouraging all staff to take the survey.
- 3. Sabrina and Wendy will begin the FSMC and on-site accountability reviews.
- 4. Brandi Peterson will be working on the employee health fair scheduled tentatively for Nov. The survey results should be back and we may have some input towards those health initiatives.
- 5. Check with Mike on filters on water fountains.
- 6. Goal setting for policies Sabrina will send out the information. Principals will respond with bench marks they are already meeting and things they would like to see implemented in their lunch rooms.